

# Bimini Dolphin Retreat

with Lisa Denning and Hydee Tehana

July 21-27, 2024 (week 1)

July 28-August 3, 2024 (week 2)

## The Power of the Mind with the Knowing of the Heart

The island of Bimini in the Bahamas is calling us to open our hearts and to dive deeper into the knowing of who we truly are. The beautiful dolphins will be assisting us in remembering and healing from living in this Earth reality. Everything that is not of higher resonance is being questioned and falling away as we move into higher consciousness where all is fun, easy, and magical!

What are we doing here? Why go through all the bother of existing on Earth? What are the rules of this Earth game? Do we have a choice to come here? These are all questions many of us have at some point in our lifetimes. Let's explore together how this reality system works and how to "game the game."

In this fun, week long retreat, we will explore the power of our mind, human imagination, creating reality, sacred geometry, listening to the knowing of our heart, trusting yourself implicitly, constructs of our reality system, and other fun topics along with meditations and sharing. It is important right now to be able to control our mind/thoughts as it is our imagination that creates our reality and it's time for us to take responsibility for what we are creating with the knowing of our hearts.

Dive into the crystal clear warm waters of Bimini, the Bahamas, and be surrounded by the Atlantic Spotted and Bottlenose Dolphins. These pods are some of the most social and playful dolphins on Earth. Come explore the famous Bimini Road while seeing some of the beautiful reefs that surround this magical island. Dolphins are some of the most intelligent beings here on the planet and are helping remind us who we really are.

This will be a 7 day trip where we will spend 5 days in the water, swimming alongside the dolphins. We will have time for sharing, meditations, and classes that will further our expansion of consciousness. Dolphins are some of the greatest teachers who lead us into exploring various realms of consciousness. We will experience music of 432 hertz, sound healing meditations, and dive into more joyful ways of being. This is held at WildQuest Retreat Center which has delicious food, accommodations, healers, boat, and a great crew.

Join Lisa and Hydee on a journey of a lifetime as we continue to weave our new reality with the dolphins and our powerful human imagination. Space is limited and these retreats fill up quickly.

Cost \$2711.00

**Includes:** 6 nights accommodations (one night at a hotel in Florida, 5 nights at WildQuest Retreat), all meals except for one night out in Bimini, and all program costs. 5 boat trips to be with the Dolphins.

**Not included:** Flights to Florida and to and from Bimini, one meal out in Bimini. (To make it easy for our group, there is an optional travel package for \$527/person which covers: transport from hotel in Ft. Lauderdale to Ft. Lauderdale airport, roundtrip flight from Ft. Lauderdale to Bimini, and all transportation on the island to and from the retreat center. We will all be flying together this way). More details when registering.

**Deposit required to hold your space: \$555** (non-refundable due to international payments). Please inquire about travel insurance. Remaining payments of \$1111 due January 1, 2024 and \$1045 due March 1, 2024.

**Retreat Dates:** July 21-27, 2024 (week 1) or July 28-August 3, 2024 (week 2)

**Please contact LISA** for more information at [lisa@lisadenning.com](mailto:lisa@lisadenning.com) or go to [www.lisadenning.com](http://www.lisadenning.com) or [www.hydeetehana.com](http://www.hydeetehana.com)

This popular retreat will fill quickly! Looking forward to seeing you!